



Diary Dates

Monday 16th – Friday 20th February
Half Term

Monday 23rd February
Return to school for pupils

Tuesday 24th February
2E visit to Oakfield Care Home

Wednesday 25th February
2A and 2BG visit to Oakfield Care Home

Thursday 26th February
5S and 5B Visit to the O2

Friday 27th February
2S visit to Oakfield Care Home
5G and 5R Visit to the O2

Thursday 5th March
World Book Day: Dress as your favourite book character.

Friday 20th March
Last day of spring clubs

Friday 27th March
End of term. School closes at 1:30pm to pupils.

Monday 13th April
Summer term begins

Article of the Week

You have the right to get information that is important to your well-being, from radio, newspaper, books, computers and other sources. Adults should make sure that the information you are getting is not harmful, and help you find and understand the information you need.

Cleveland Road Primary School

Cleveland Road, Ilford, Essex, IG1 1EW

Website: www.clevelandroadpri.uk

Telephone: 020 8478 3601 (Line 1 to report an absence)

Weekly message

Thank you very much to everyone who came along to parents' evening meetings this week. We hope that you found the meetings helpful and informative. Many thanks, also, to those of you who supported the Book Fair. A proportion of the total sales is given back to the school in books for our library and for the classrooms, which will benefit all the children. Thank you so much for your support of the school and of reading!

Last week was *Children's Mental Health Week*. Across the school, children have been learning about the importance of sharing our feelings, and supporting each other with kindness.

We wish everyone in the Cleveland community a happy and relaxing break.

World Book Day

We're excited to be celebrating **World Book Day on Thursday 5th March 2026!** This special day is all about sharing a love of reading and bringing favourite stories to life. Children are invited to come to school dressed as their **favourite book character**. We encourage families to get creative and have fun making costumes at home together — they don't need to be fancy or expensive. Simple, homemade ideas are perfect and often the most imaginative. Throughout the week, we'll be enjoying a **whole-school celebrations of reading**, including **exciting author visits** and activities designed to inspire a lifelong love of books.

World Book Day is always a highlight of the year, and we can't wait to see the wonderful characters and enthusiasm for reading that our children bring with them. Thank you for your continued support.

[42 Epic homemade World Book Day costume ideas | GoodtoKnow](#)

Thought for the Week: 'In order to be successful in the new year, stay focused, develop a positive attitude and be passionate with your dreams'. – *Bamigboye Olurotimi*

Dr Bike visits

Dr Bike visited our school last week to service our school set of bikes. The mechanic visited again this week for a free safety check of Cleveland children and staff's bicycles. The Doctor (actually a professional bicycle mechanic) had plenty of patients to attend to in the Quiet Area of our playground! He made minor adjustments to seats and forks and frames and wheels. And replaced metres and metres of brake cable! The doctor even advised on bigger repair jobs. Thank you, Dr Bike. And a big thank you to Redbridge council for paying for all these brilliant bike opportunities for our Cleveland community.

We are hoping to access additional funding in the next financial year in order to bring Doctor Bike back to work on more bikes in our school community. We also hoping to have additional cycle confidence training scheduled in the Summer term to assist other children to become more confident with riding a bike. Especially after the success of our Year 6 children who had their two weeks of training in the Autumn term.

Look out for the next set of cycle training posters next term. Just in time for the better weather and increased riding opportunities to school!



Doctor Bike servicing and repairing some of the many colourful bikes at Cleveland.

"I am so glad that Dr Bike replaced the brake cables on my bicycle and fixed the loose seat. He even fitted my bike stand! Now my bike moves like new." **Hethvik 3C**

Mr Albert, our music teacher said, "I'm genuinely very grateful to the bike mechanic, invited by the school, for carrying out such a thorough check on both pupils' and staff bikes. He gave my own bike a full inspection, repaired the brakes, and left it riding like new. It's a fantastic initiative that really supports our school community and encourages safe, confident cycling."

Number Bee 2026

This year's Number Bee finals were the most exciting and tense, yet. The children's mental maths skills were highly impressive, even under very pressurised conditions, answering very challenging questions in front of the whole school. They competed with fantastic positivity and were also very supportive of each other.

Special congratulations to this year's winners:

Key Stage 1 Champion: Harry Halliday

Key Stage 2 Champion: Shivasundar Sathyasree
Shanthakumar

Year 1 and 2 Finalists



Year 3 and 4 Finalists



Year 5 and 6 Finalists

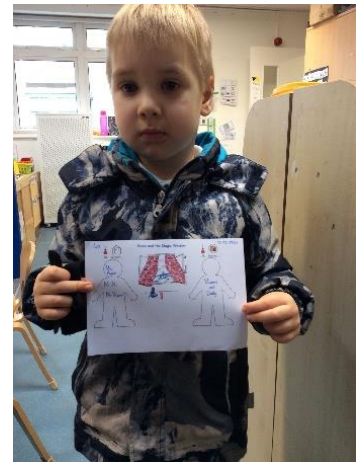
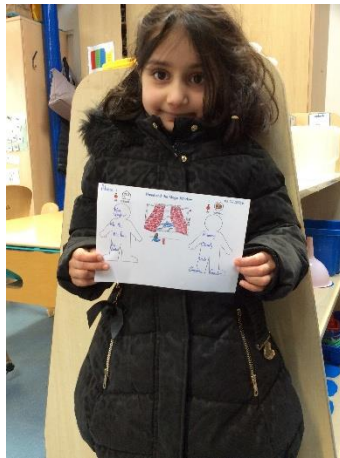


Commendations ...to this week's winners. Commendations are awarded to pupils who demonstrate the 5Cs consistently.

Reception – A week of safety and sweet treats

This week, our reception children embarked on a journey into internet safety with the book “Hanni and the Magic Window.” We had important discussions about who keeps us safe, both online and in real life. The children identified their safe adults at school and home, reinforcing the importance of trusted individuals.

In a delicious turn of events, we celebrated Pancake Day- Shrove Tuesday! The children unleashed their creativity by designing their own pancakes and experimenting with a variety of toppings. It was a fantastic opportunity to explore different flavours and decorate some yummy treats.



“My mummy and daddy are my safe adults” **Smaran RA**

“My mummy is my safe adult” - **Ashwaq RF**

“Ms. Faizi is my safe adult at school” - **Amina RF**

“I like cherry, blueberry and strawberry jam on my pancake” - **Rubab RF**

“I ride my scooter for my mental health” - **Arin RF**



Thought for the Week: ‘In order to be successful in the new year, stay focused, develop a positive attitude and be passionate with your dreams’. – *Bamigboye Olurotimi*

Year 1 Visit to Barking Park

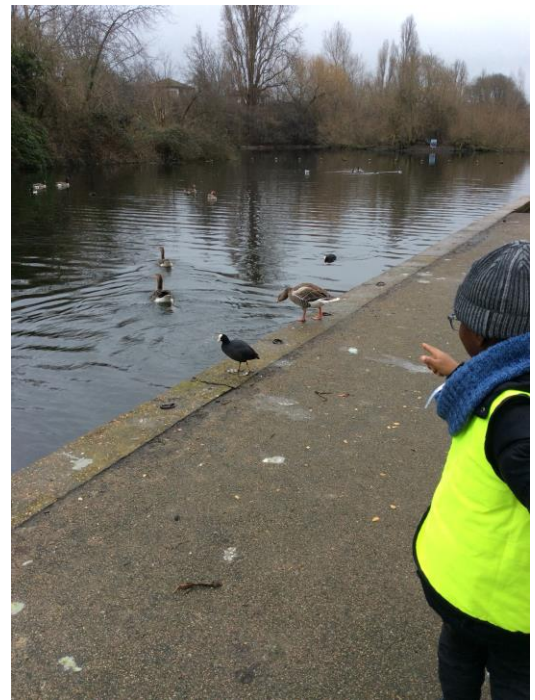
Year 1 have been completely captivated by their new book, *On a Magical Do-Nothing Day*. Inspired by the moment when the main character is told by their mum to put down their game and head outside, we decided to do the same!

So, on Tuesday morning, instead of staying indoors, Year 1 set off for a walk in the park. Even though the weather was cloudy and a little wet, the children were quick to spot the beauty of nature all around them.

They noticed trees of all shapes and sizes—some even reminding them of prehistoric creatures. Ducks glided, dived, and skimmed gracefully across the water. The leaves showed off different shades of green, each with its own unique shapes. The children were mesmerised by the reflections and ripples dancing on the surface of the pond. They followed busy squirrels darting between the trees and watched as gentle drizzle began to fall from the heavy grey clouds.

It truly was a magical, do-nothing kind of day in the park.





'The ducks looked like an army standing in a line' **Adam D 1B**

'I saw squirrels getting acorns and hiding them' **Ayaan 1Z**

'I saw ducks diving in the water' **Abdul Rahman 1RB**

'I loved seeing the funny ducks floating on the water' **1SB**

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Year 2 Science experiment

This week, our Year 2 classroom turned into a high-tech biology lab! We've been diving into the invisible world of microorganisms—the tiny living things that are all around us, even though we can't see them with our eyes.

To see these tiny "germs" in action, we launched a fascinating science experiment using nothing but sliced bread. We hypothesized that the bread touched by unwashed hands would grow mould the fastest, carefully selected the apparatus we would use and decided on three distinct variables to ensure a fair test:

1. The Control: A slice handled only with sterilized tongs (no human contact).
2. Washed Hands: A slice touched after scrubbing with soap and water.
3. Unwashed Hands: A slice touched after a busy morning of playing and learning!

Over the next few weeks, we will be using our observation skills to track any changes. This experiment is a brilliant visual reminder of why we should wash our hands regularly.



"We touch lots of dirty things and that makes our hands dirty". – **Eliza 2A**

"There could be microbes on the towel we dry our clean hands with!" – **Afia 2A**

"We need to wash our hands for 30 seconds!" – **Shastihika 2E**

"The bread looks ok to eat but it might have microbes on it that we can't see!" – **Aleena 2E**

"I predict that the bread we touched with washed hands will not have any mould because there are no microbes on them". – **Maja 2A**

"If you don't wash your hands you will get infectious diseases". – **Rayaan M 2BG**

Commendations ...to this week's winners. Commendations are awarded to pupils who demonstrate the 5Cs consistently.

Year 2 Reading for pleasure workshop

Year 2 were delighted to welcome parents into school for a *Reading for Pleasure* workshop. Parents joined their children to enjoy sharing books together and celebrating the joy of reading.

The workshop focused on promoting a love of reading and offered parents some helpful *top tips* on how to nurture positive reading habits at home. It was a pleasure to see so many families taking part and enjoying this special time together.

Thank you to all the parents who attended — your support plays a vital role in helping children develop a lifelong love of reading.



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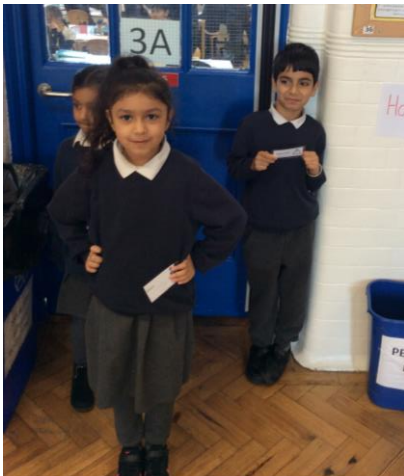
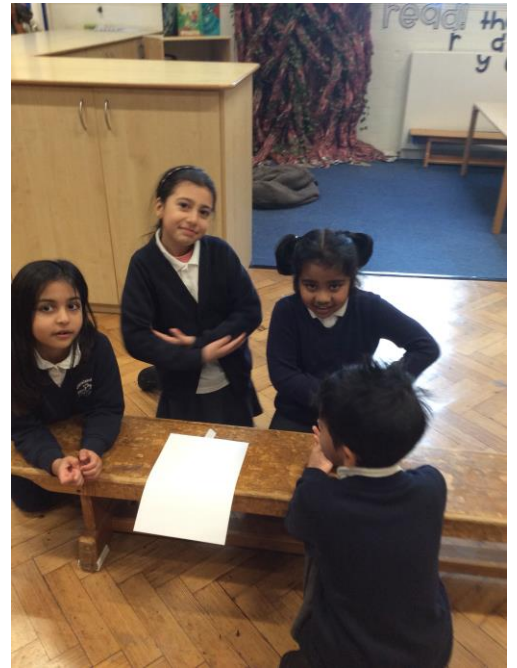
Year 2 – Step into History!

This week, Year 2 stepped into history and became Londoners in 1665! Their drama activity helped the children to understand what it might have been like to be alive during the Black Plague and think about the difficulties people faced in the past. They recreated the busyness of London streets and as the plague spread, they acted out different roles like the Lord Mayor, guards, plague victims, animal catchers and street cleaners. They were able to notice how rats and the plague spread through the city even though the Lord Mayor made orders to try and prevent the disease spreading!

This activity allowed them to compare the similarities and differences between diseases in the past (Black Plague and Smallpox) and the modern epidemic of Covid-19. As our mantra says: *"We are historians who learn about the past to understand the present!"*



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"I enjoyed being a guard and not letting anyone enter or leave home!" **M. Yahya 2A**

"I didn't like having the plague because I had to stay indoors!" **Hana 2E**

"I understand that the plague wasn't the cats and dogs' fault." **Eesa 2A**

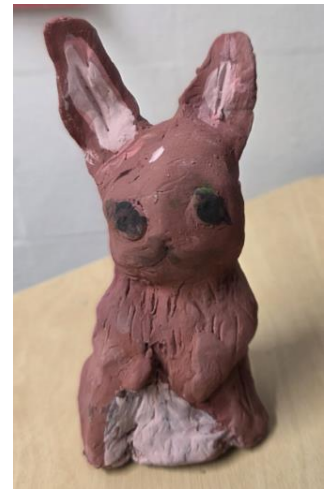
"I was a doctor, but I didn't really help anyone." **Eliza 2A**

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Year 3 – Clay rabbits

In Art, the children in year 3 designed and created their own clay rabbits, inspired by the book they are currently reading in class, *The Miraculous Journey of Edward Tulane*.

Before starting their designs, they learned key clay-working techniques such as scoring, slipping and blending. The final step was painting their finished rabbits, bringing each one to life. The results were amazing, and the children were extremely proud of their work. The rabbits were displayed during Parents' Evening, where they received lots of positive feedback and impressed everyone who saw them. We can definitely see many future artists in our year group!



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Year 6 – Science Investigation

This week in science, Year 6 pupils undertook a practical investigation to explore the relationship between physical activity and heart rate. Using smart watches, pupils measured and recorded their resting heart rate before participating in a range of physical exercises. They then collected and analysed their data to identify patterns and changes in heart rate during and after exercise. This investigation provided valuable opportunities to develop pupils' skills in working scientifically, including observing, measuring, recording data and drawing conclusions based on evidence. By the end of the investigation, pupils were able to apply their understanding of the circulatory system to explain why heart rate increases during physical activity and considered the importance of regular exercise for maintaining a healthy heart.



I liked using the smart watch to monitor my heart rate- it's really easy to use! **Ibrahim**

After exercise, I couldn't believe how fast my heart was beating. I had to rest and drink water! **Aleena**

TTRS Winners for end of January

4N



Commendations ...to this week's winners. Commendations are awarded to pupils who demonstrate the 5Cs consistently.

Redbridge Mental Health Support Team presents...

PARENT AND CARER'S IN MIND: WEBINARS FOR WELLBEING

Hear from mental health professionals about how to promote your child's emotional health and wellbeing. Our monthly webinar offer starts with our three most popular topics

**REGISTER
NOW!**

MANAGING EXAM STRESS

Exams can be stressful times for young people and their families, in this webinar we will be looking at the exam experience through the lens of anxiety. We will be sharing ideas on how you can support children and young people as they navigate this common event in school years.

WED 25.02.26 7-8PM

MOVING UP TO SECONDARY SCHOOL

Moving from primary to secondary school can be a significant milestone, in this webinar we will be looking at ways parents and carers can support children with preparation, help them with any worries and support yourselves to manage the change.

WED 25.03.26 7-8PM

TALKING ABOUT BIG FEELINGS

Understanding our emotions can be an important way to help us communicate what we need successfully. In this webinar we look at the relationship between emotions and behaviour, we will be sharing ideas and strategies to help you support children and young people with this valuable knowledge.

WED 29.04.26 7-8PM

**SCAN
ME!**



FOR MORE INFORMATION & TO SIGN UP

CLICK HERE,

**VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST'
OR GO TO LINKTR.EE/REDBRIDGEMHST**

London Borough of
Redbridge
#BREAKTHESTIGMA



Commendations

Commendations are awarded, each week, to children who have demonstrated the 5Cs in all aspects of school life.

		Week Beginning 2 nd February 2026		Week Beginning 9 th February 2026	
Year	Class	Teacher Commendation	Peer Commendation	Teacher Commendation	Peer Commendation
N	N AM	Mabruka	Fariha	Safiyya	Agasthya
	N PM	Sadbin	Hanish	Amna	Usman
R	RY	Khadija	Ayaan	Khadija	Mila
	RF	Musa A	Sanaya	Maryam	Orhan
	RA	Aysha A	Aisha M	Zayaan S	Kashmala
	RN	Fatimah	Rian	Sai Pranaav	Zaiyan
1	1B	Ayden	Aadam	Safiya	Julia
	1Z	Maryam	Zayaan	Zulekha	Yashmeet
	1SB	Haavey	Bakhatwar	Aleezeh	Afra
	1RB	Sidra	Kashvi	Musa	Aadhan
2	2BG	Autumn	Gul - E - Rana	Rayaan Atique	Fatima
	2A	Aarav	Halima	Ayaz	Anaya
	2S	Ayub	Amani	Damir	Devansh
	2E	Arham	Abdul-Hadi	Arohi	Aleena
3	3C	Ashar	Samiha	Rania	Abiha
	3A	Jena	Maira	Eshaan	Rafia
	3R	Rayyan M	Samil	Arwa	Romeesa
	3RS	Ayaan	Morium	Zahara	Sadia
4	4C	Eesa	Safia	Abeeha	Aayan
	4N	Musa	Wali	Inaaya	Daneen
	4J	Airah	Kulkirat	Aksa	Gurnoor
	4H	Aisha	Hakshaya	Arpanjot	Momina

5	5G	Royan	Rafael	Adam	Ilyas
	5B	Zainab R	Sarim	Redwanul	Zainab R
	5S	Haleema	Aaryav	Siddhant	Anabia
	5R	Ajwa	Adam K	Mrithyun	Zahra
6	6B	Zara	Warizah	Musa	Mehrimah
	6Y	Saira	Rumaisah	Abbas	Saira
	6K	Elijah	Issiaga	Shiva	Jaanavee
	6Q	Mikaeel Ali	Sazia	Armaan	Ibrahim B

Citizen of the Week

Many congratulations to our *Citizens of the Week*. These children have demonstrated, throughout the week, the qualities of a great citizen – considerate, caring, concern for others, generosity of spirit. These children go the extra mile to support other children and adults in class and in all aspects of school life. We are enormously proud of them.

Week Beginning 2 nd February 2026		Week Beginning 9 th February 2026	
Year	Name	Year	Name
Year 1	Esa Ahmed	Year 2	Subaha Ahamed
Year 5	Idrees	Year 3	Zayyad Sajid
Year 6	Ahana Saha	Year 4	Fatimah Aslam

Attendance Awards

Every Monday we celebrate the class with the best attendance. This class is awarded the coveted attendance trophy, which they keep in their class all week. You can help your child's class win this trophy, simply by ensuring they are in school, on time, each and every day!

	Week Beginning 2 nd February 2026	Week Beginning 9 th February 2026
Reception, Year 1 & Year 2	1Z – 96.3%	2S – 95.7%
Year 3 & Year 5	5G – 97.7%	3R – 96.6%
Year 4 & Year 6	6K – 96.7%	4J – 96.2%

Modern Foreign Languages (Spanish) Awards

We are delighted to announce this week's winners of our *Modern Foreign Languages* award. Many congratulations to all the children who have been given the Spanish commendation this week for demonstrating excellent attitudes to learning in their Spanish classes.

	Week Beginning 2 nd February 2026	Week Beginning 9 th February 2026
Year 1	Kabir	Bhavy
Year 2	Shasthika	Muhammad
Year 3	Atef	Muntaha
Year 4	Adam	Aayan
Year 5	Ayesa	Afsa
Year 6	Yashfa N	Shiva

Sportsperson of the Week

Many congratulations to our Sportspeople *of the Week*. These children have demonstrated, throughout the week, the qualities of a great sportsperson – being supportive, having a positive attitude, being respectful, being willing to learn, and practising self-control. These children go the extra mile to support other children and adults in the playground. We are enormously proud of them.

Week Beginning 2 nd February 2026		Week Beginning 9 th February 2026	
Year 3	Abdullah Junaid	Year 5	Hashim Ali
Year 4	Airah Ahmed	Year 6	Aaditya Naik

Sports Awards

Well done to the children who have been nominated for a Sports Award by Mrs May for excellent efforts in PE.

	Week Beginning 2 nd February 2026
Class	Name
1B	Danish
1Z	Samraj
1SB	Yohithraju
1RB	Adam

Reading Awards

Reading at home is an essential part of the children's reading lives – children who read widely and often, for pleasure, in their own time, so better in all areas of learning.

Week Beginning 2 nd February 2026			Week Beginning 9 th February 2026		
Quratulain	6K	Silver	Adrija	3R	Amethyst
Siffat	6K	Amethyst	Menaal	3R	Amethyst
Zayyan	6K	Bronze	Maryam	3R	Emerald
Kyara	6K	Bronze	Max	3R	Bronze
Isra	5S	Silver	Siffat	6K	Amethyst
Nahil	5S	Emerald	Aleena	6K	Ruby
Tayyaba	5S	Emerald	Aleeza	6K	Diamond
Maira	5S	Emerald	Nabeeha	RY	Silver
Manha	5S	Amethyst	Cairo	RY	Silver
Aleena	5S	Bronze 2	Jannat	RY	silver

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Rafael	5G	Bronze 2	Ismaeel	RY	Silver
Usayd	5G	Silver 2	Arham	RY	Silver
Hyder	5G	Gold	Savreen	RY	Silver
Zoyah	5G	Amethyst	Uzair	RY	Silver
Salwa	4J	Ruby	Ayaan	RY	Bronze
Aun	2BG	Diamond	Khadija	RY	Bronze
Rayaan M	2BG	Ruby	Mila	RY	Bronze
Jannatul	6B	Bronze	Mirha	RY	Bronze
Ahana	6B	Silver	Babanjot	RY	Bronze
Mehrimah	6B	Gold	Osman	RY	Bronze
Aiza	6B	Emerald	Abdullah	RY	Bronze
Qasim	1RB	Silver	Gurman	RY	Bronze
Arya	1RB	Emerald	Nusaybah	6B	Bronze
Kashvi	1RB	Sapphire	Warizah	6B	Bronze
Affan	1RB	Bronze	Alayna	6B	Ruby
Cecily	1RB	Silver	Ahmed Sahil	6B	Ruby
Yaqub	2A	Bronze	Ahmad	6B	Sapphire
Fatimah	RN	Silver	Hasnain	6B	Sapphire
Eliza	RN	Silver	Aaron	4H	Bronze
Arshad	5B	Gold	Fatima	4H	Emerald
Zaviyar	5B	Diamond	Muneeb	4H	Sapphire
Hania	5B	Diamond	Siddhant	5S	Sapphire
Gurtejvir	1B	Gold	Esaar	5S	Amethyst
Ibrahim A	3C	Ruby	Jasmin	5S	Amethyst

Commendations ...to this week's winners. Commendations are awarded to pupils who demonstrate the 5Cs consistently.

Dilan	3C	Silver	Sofwana	4J	Ruby
M. Mulla	3C	Amethyst	Jayden	4J	Sapphire
Gurman	RA	Bronze	Liam	4J	Diamond
Merrick	RA	Bronze	Abeeha	4C	Diamond
Aisha M	RA	Silver	Maeesha	4C	Diamond
Trisha	5R	Silver	Inaaya	4C	Ruby
Ajwa	5R	Emerald	Nawfal	4C	Ruby
Asra	5R	Diamond	Ayeza A	4C	Bronze
Mohammad Abdullah	1Z	Amethyst	Ahmed	4C	Amethyst
Khadija	1Z	Gold	Zakariya	2E	Bronze
Iktaj	1Z	Gold	Varnika	2E	Gold
Hafsah	1Z	Gold	Balaj	2E	Silver
Rubab	RF	Silver	Usairum	1B	Silver
Juwayriyya	6Q	Sapphire	Ava I	1B	Silver
Nashmin	6Q	Sapphire	Gunmeet	1B	Gold
Ayyub	6Q	Gold	Sarim	5B	Amethyst
Isra	5S	Silver	Manikanta	5B	Amethyst
			Noah	5B	Emerald
			Fatimah A	5B	Bronze
			Redwanul	5B	Diamond
			Tehreem	3A	Gold

Science Awards

Well done to the children who have been nominated for a Science Award due to their exceptional work and efforts in Science.

Week Beginning 2 nd February 2026		
Year	Name	
Year 2	Umukultumy Bah	Fantastic Science learning! You showed excellent knowledge of personal hygiene and used scientific words such as bacteria and cavity correctly. You were able to explain why brushing our teeth and washing our hands are important, and you applied your learning to real life situations. Your thoughtful ideas and clear explanations showed brilliant understanding. Keep up the amazing scientific thinking!
Year 3	Mehreen Bhuiyan	The Science award this week goes to Mehreen. She has shown great enthusiasm for our topic on forces and magnets this term. She always tries her best to speak like a scientist, confidently using scientific vocabulary and presents her work neatly and clearly so everyone can understand her investigations. Thank you for sharing your research on the uses of magnets in everyday life—we have learned so much from you. Keep being curious and keep asking questions! I'm so proud of you! Well done.
Year 4	Maeesha Latif	Maeesha has shown excellent commitment in Biology this year. She has a clear understanding of animal food webs and chains, understanding the adverse effects of environmental changes on these. She shows precision in her knowledge of animal groupings and can classify vertebrates and invertebrates, as well as demonstrating an ability to create classification keys in order to define animals according to their features.
Week Beginning 9 th February 2026		
Year 1	Adhveek Pranavan	Adhveek in 1Z, has been given the science award for his excellent work in our topic of Animals, including humans. He has shown a keen interest in exploring and investigating information about animals and shared some interesting and thought-provoking questions and facts with the class. He was able to name humans body parts and their functions and to link them with the five senses. Adhveek is always enthusiastic about his learning in science and continues his research at home. We are so proud of you Adhveek, keep up the good work!
Year 5	Himanshu Bharucha	This week's Science award is proudly presented to Himanshu. A truly enthusiastic young scientist who consistently goes above and beyond in his home learning. He approaches every investigation with curiosity and determination, working scientifically to ask thoughtful questions, test ideas, and reflect on his findings. He excels at making meaningful connections between real-world events and the experiments he conducts, showing a deep and growing understanding of how science shapes the world around us. His passion, dedication, and inquisitive mind make him a fantastic role model in science.

Commendations ...to this week's winners. Commendations are awarded to pupils who demonstrate the 5Cs consistently.

Year 6	Zayyan Sarwar	Zayyan has shown amazing curiosity and a genuine love for science throughout the year. His eagerness to ask insightful questions has not only enhanced his understanding of complex concepts but has also enriched our classroom discussions. This week, Zayyan undertook a practical investigation to explore the relationship between physical activity and heart rate and was able to use a Fitbit Smart Watch to collect data to refute an enquiry question. He approached the investigation with enthusiasm and was able to scientifically analyse and present his data.
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