



Advice for children who are being exploited:

There is a way out of the situation even if the people doing the exploiting say there isn't, or they try to frighten the child so that they don't tell. These people are very clever at making the child feel alone with no choice but to carry on. Don't believe them.

TELL SOMEONE. There are people who can help and protect you like:

The police

An adult family member you trust

A trusted adult at school

An advice phone number, or website where you can chat to someone

Charities or organisations that help children who are being exploited.

Find these by doing an internet search.