

Listen to others.



Laura

Respect privacy.



Andeep

No judgement!



Jacob

Choose your level of participation.



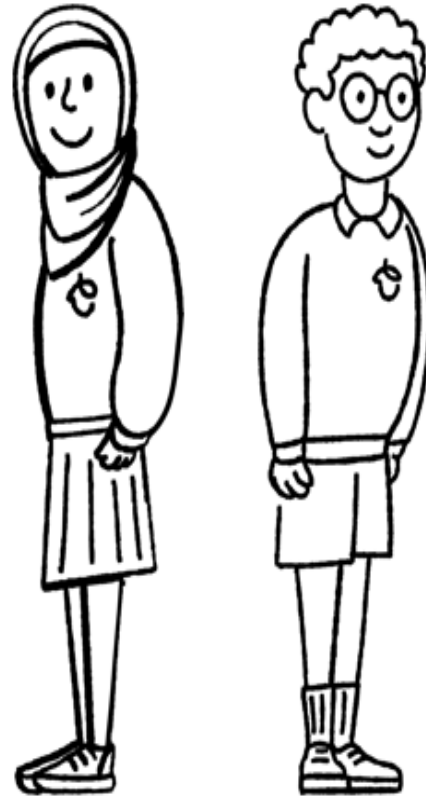
Izzy



All body parts are important.

Each body part has its own job which helps us to stay healthy.

Our **hearts** pump blood around our bodies to keep us alive!



Our **brains** help us to learn and remember new things!

Can you think of any other jobs that our body parts do?

our eyes help us
to see

our legs help us
to walk



Aisha



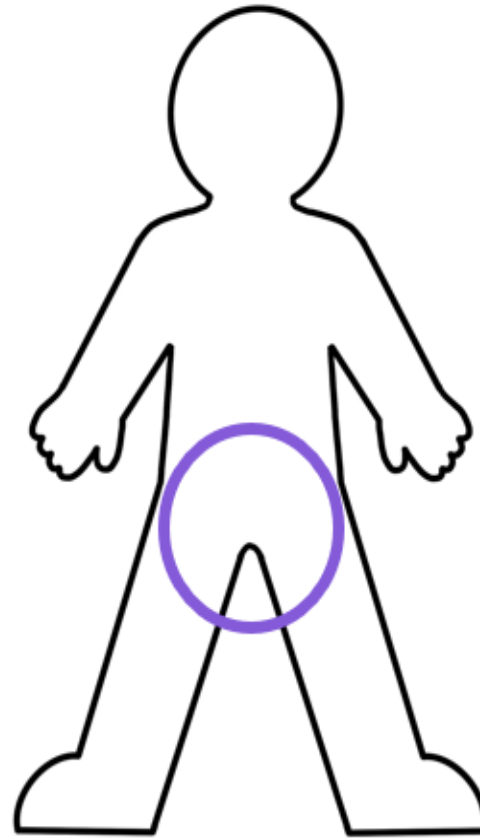
Alex

our lungs help us
to breathe

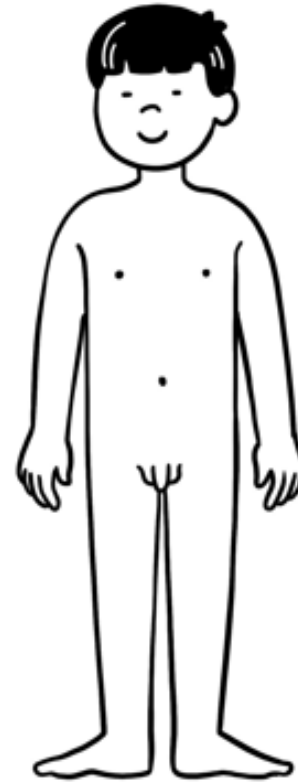
our muscles help
us to move

Our **genitals** are also important parts of our body.

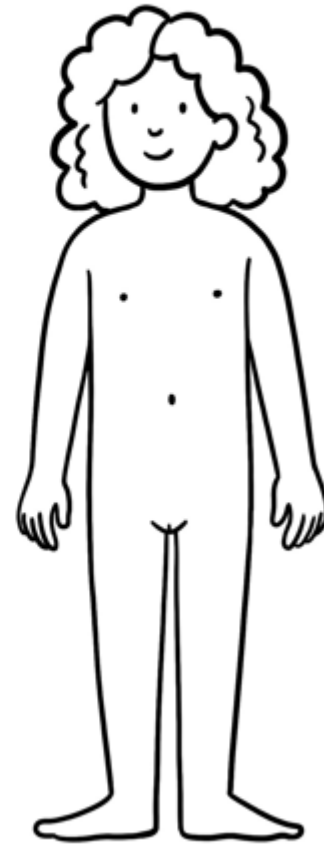
Genitals are the body parts between our legs that help us to go to the toilet.



A boy's **genitals** are called a **penis**.



A girl's **genitals** are called a **vulva**.



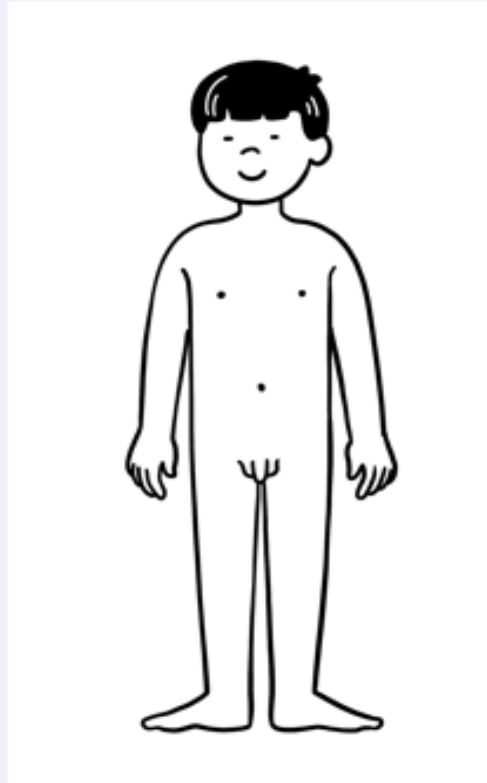
You might have heard of the word '**vagina**'. The vagina is also a part of a girl's **genitals**, but it is inside her body, not outside her body like the **vulva**.

It's important to use the **correct** names to describe our **genitals**, just like how we use the correct names to describe all of our other body parts! It is **not** rude to use the correct names for our **genitals**.

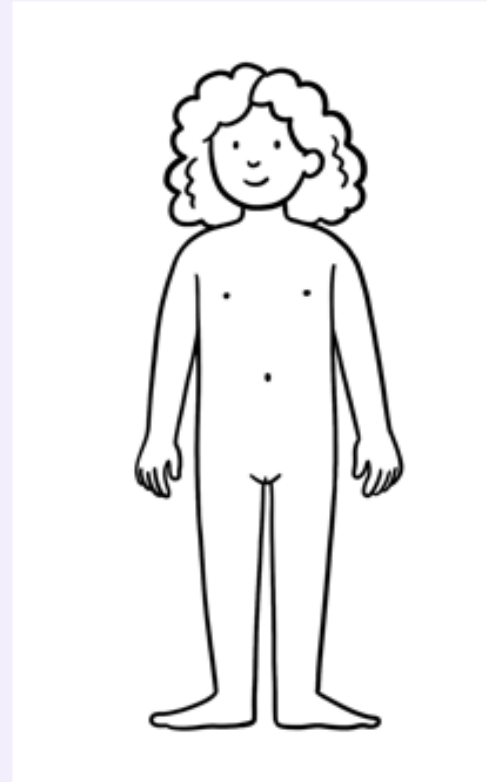
Dr Elise



What are the names we use to describe boys' and girls' **genitals**?

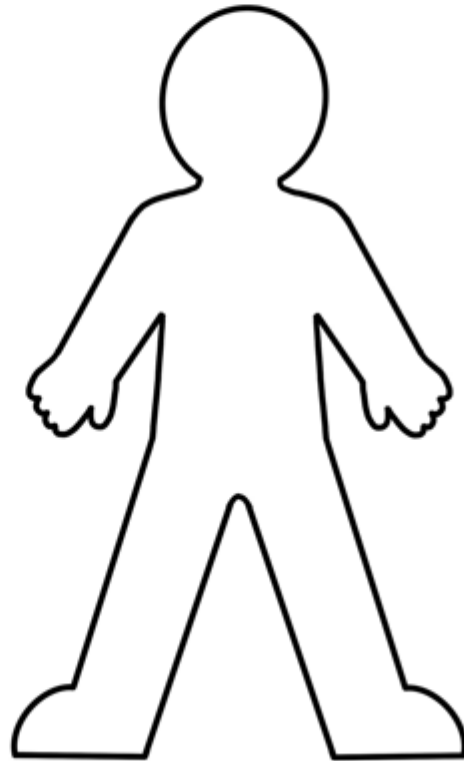


boys = **penis**



girls = **vulva**

On the human outline, label **four-five parts** of our body and describe why they are important.

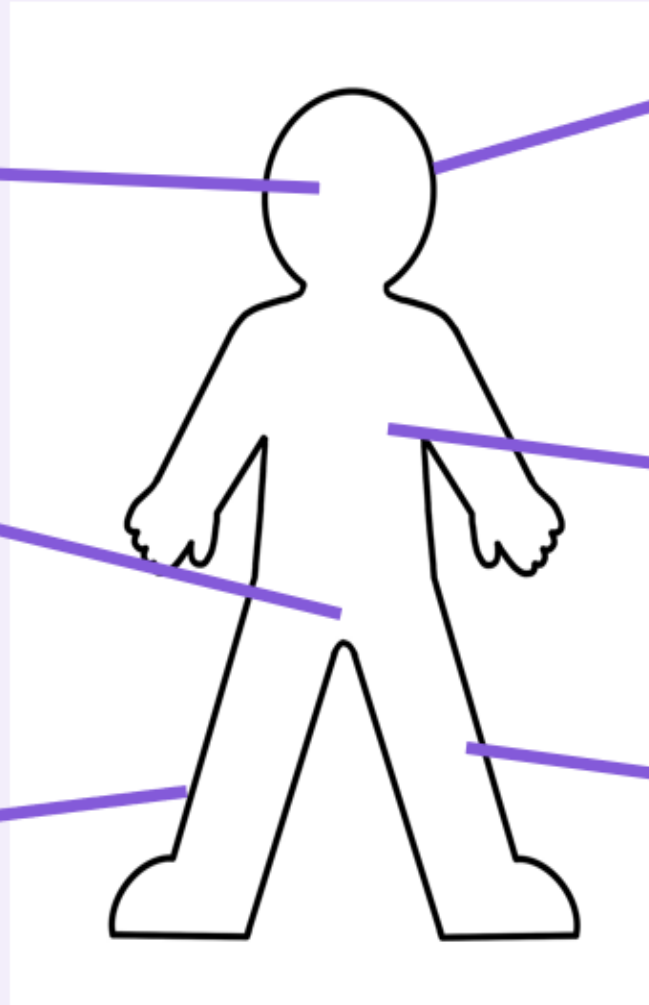


Your labels could look like this:

our eyes help us
to see

our **genitals** help us
to go to the toilet

our legs help us
to walk

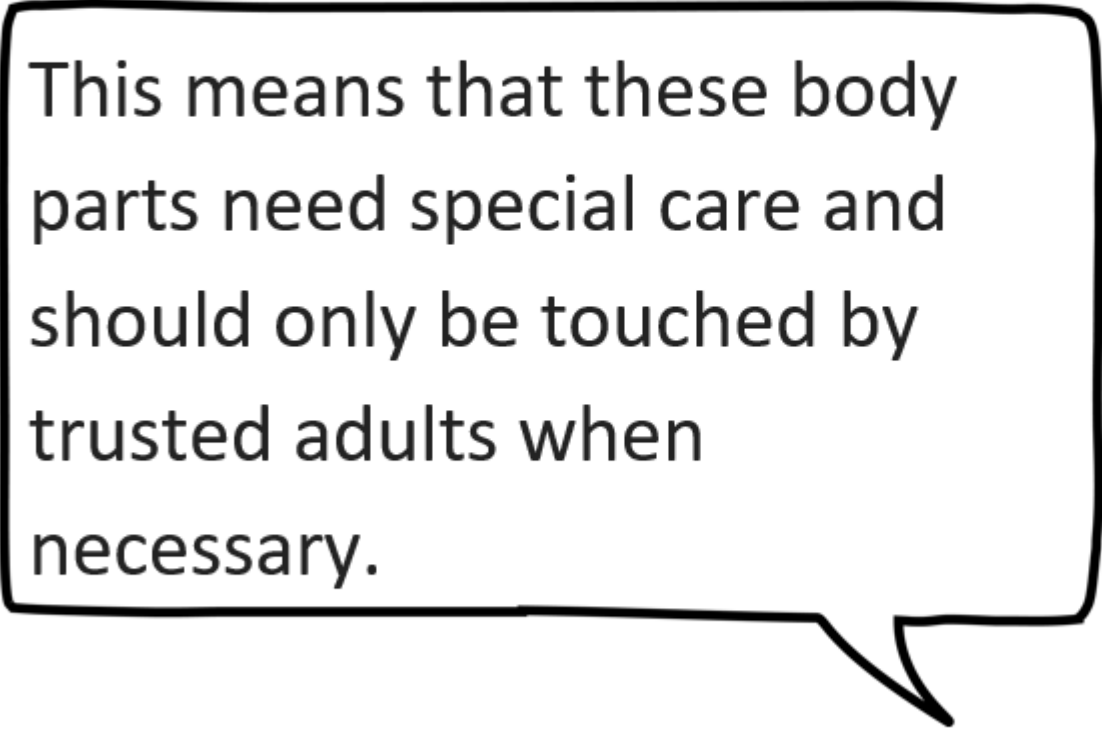


our brains help us
to learn and
remember things

our lungs help us
to breathe

our muscles help
us to move

Some parts of our body are **private**.



This means that these body parts need special care and should only be touched by trusted adults when necessary.

Dr Elise

Which parts of our body are private?

Our **genitals**, such as our **penis** or **vulva**.

If a body part is hurting, **including our genitals**, it's important to tell a trusted adult, such as a parent, carer or teacher. Sometimes, we might need to visit a doctor who can help us feel better.

Dr Elise

If anyone asks to look at or touch your **genitals** (even if they say it is a game), or if anyone makes you feel **uncomfortable**, you **must** tell a trusted adult.

If your trusted adult doesn't listen or help you, keep telling other adults until you are heard.



parents and carers



teachers and staff



You **won't** get into trouble, and your trusted adults will make sure that you are safe.



parents and carers



teachers and staff

