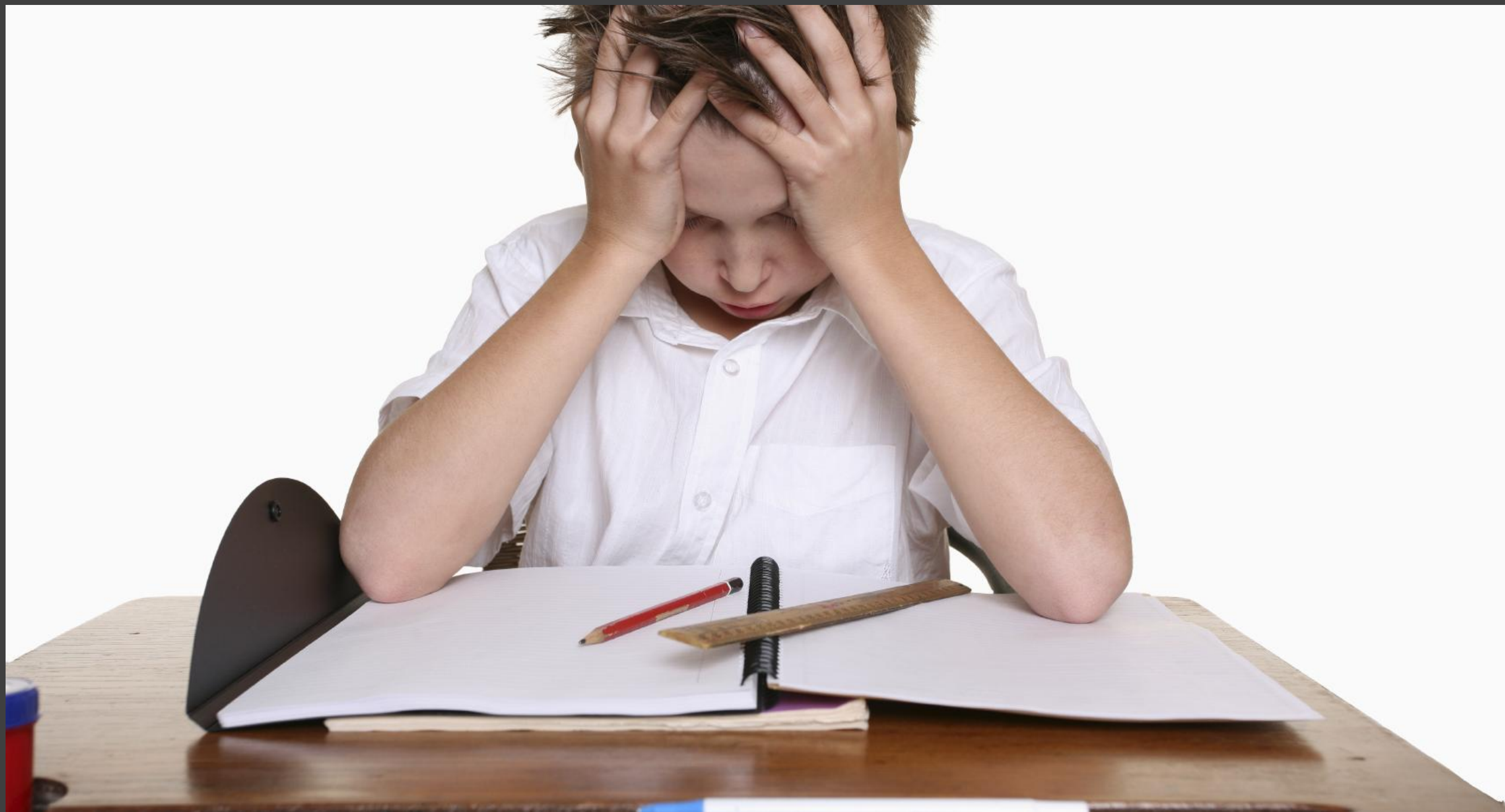




















There are lots of rules in life that help us to **stay safe** and **protect us from dangerous things**.



Jacob

We should hold our trusted adult's hand when crossing a road.

We must wear a helmet when we ride a bike.



Aisha



Sam

We should pass scissors very carefully with the handles up and the blades in our palm.

Why is this rule important?



Jacob

We should hold our trusted adult's hand when crossing a road.

Roads can be **dangerous** because of cars and other vehicles. Our trusted adults help us by deciding where and when it is safe to cross.

Why is this rule important?

We must wear a helmet when we ride a bike.



Aisha

We could fall off a bike so wearing a helmet protects our head from injuries.

Other accidents might need the help of the **emergency services** because they are more **serious**.



An **emergency** is a **sudden danger** to someone or something. If help isn't given quickly, things could get worse. For example, serious harm to a life or property.